

Belegungsplan KGS Turnhalle Stand 20.10.2025

|          | Montag                                                         |   |   |                                                | Dienstag                                                                                                                |   |   |                                       | Mittwoch                                                                                        |                                       |     |                                                                                                 | Donnerstag                                                                                      |                          |                                       |                                     | Freitag                              |                                      |                                      |    | Sa. | So.                            |                             |  |                                                                       |  |  |  |  |  |  |
|----------|----------------------------------------------------------------|---|---|------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---|---|---------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------|-----|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------|---------------------------------------|-------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|----|-----|--------------------------------|-----------------------------|--|-----------------------------------------------------------------------|--|--|--|--|--|--|
| Uhr-zeit | 1                                                              | 2 | 3 | Gy                                             | 1                                                                                                                       | 2 | 3 | Gy                                    | 1                                                                                               | 2                                     | 3   | Gy                                                                                              | 1                                                                                               | 2                        | 3                                     | Gy                                  | 1                                    | 2                                    | 3                                    | Gy | Gy  | Gy                             |                             |  |                                                                       |  |  |  |  |  |  |
| 14.00    | KGS<br>15.30 - 17.00<br>Basketball AG                          |   |   |                                                | KGS                                                                                                                     |   |   |                                       | KGS                                                                                             |                                       |     |                                                                                                 | KGS                                                                                             |                          |                                       |                                     | KGS                                  |                                      |                                      |    |     | 10.30 - 14.30 Uhr TuS Ta. Judo | 08:00 - 11:00 Uhr<br>Karate |  |                                                                       |  |  |  |  |  |  |
| 14.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 15.00    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       | KGS |                                                                                                 |                                                                                                 |                          |                                       |                                     | Zirkus<br>KGS                        |                                      |                                      |    |     |                                |                             |  | Tarmstedt Handball<br>Herbstferien bis<br>Osterferien JSG<br>Wörpetal |  |  |  |  |  |  |
| 15.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 16.00    | 17:00 - 19:00 Uhr<br>HSG LiGra / FC<br>Wörpetal Okt. bis April |   |   | TuS<br>Ta.<br>Seniore<br>n 17-<br>18:30<br>Uhr | 16:45 - 18:45 Uhr<br>HSG LiGra /<br>Tarmstedt Handball<br>17-20 Uhr/ 18:30 -<br>20:00 Uhr FC<br>Wörpetal Okt. bis April |   |   | TuS Tarm. Rücken                      | 17:00 - 20:00 Uhr<br>HSG LiGra / FC<br>Wörpetal<br>Okt. bis April 19:00 -<br>20:00 Uhr          |                                       |     | 16:00 - 18:00 Uhr<br>TuS Ta. Judo                                                               | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal |                          |                                       | Rheuma-Liga<br>17-18 Uhr            | Timke Mädchen-<br>Fußball 17-18 Uhr  |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 16.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 17.00    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 17.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 18.00    | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra + Tarmstedt<br>Handball /Herbstferien<br>bis Osterferien JSG<br>Wörpetal                                      |   |   | Tarmstedt Frauen 18:00 -<br>20:30 Uhr | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal |                                       |     | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr                                                                        |                          | Timke Mädchen-<br>Fußball 17-18 Uhr   |                                     | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 18.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 19.00    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 | Tarmstedt BBP 19- 22 Uhr | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 19.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 20.00    | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 20.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 21.00    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 21.30    |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
| 22.00    | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00 - 20:30 Uhr                                                         | Rheuma-Liga<br>17-18 Uhr |                                       | Timke Mädchen-<br>Fußball 17-18 Uhr |                                      | TuS Tarmstedt Tischtennis 16- 22 Uhr |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 | Tarmstedt Frauen 18:00 -<br>20:30 Uhr |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          |                                                                |   |   |                                                |                                                                                                                         |   |   |                                       |                                                                                                 |                                       |     |                                                                                                 |                                                                                                 |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |
|          | Bogensport SSV Sept.-Mai 19-22 Uhr                             |   |   |                                                | HSG LiGra                                                                                                               |   |   | Tarm Aerobic                          | Tarmstedt Frauen 18:00 -<br>20:30 Uhr                                                           |                                       |     | 17-22 Uhr HSG LiGra<br>/ Tarmstedt Handball/<br>17:00 - 20:00 Uhr Okt.<br>bis April FC Wörpetal | Capoeira Oldenburg<br>18:00                                                                     |                          |                                       |                                     |                                      |                                      |                                      |    |     |                                |                             |  |                                                                       |  |  |  |  |  |  |